

NOTE: Before beginning the following steps, have your prescription for MOVIPREP filled at the pharmacy.

Day of Procedure

You will receive intravenous sedation and this will impair your driving ability. You must make arrangements for someone to take you home after the procedure. **You must not drive until the next day.**

Prescribed medications to be taken the morning of the procedure: for heart disease (not aspirin), high blood pressure and asthma with a small sip of water.

Any medication for diabetes should be brought along with you the day of the procedure to be taken after the procedure is completed – Check with your physician about possibly adjusting your dosage prior to the procedure

Do Not Take

Aspirin or aspirin type products (Coumadin, Advil, Aleve, Motrin, Ecotrin, Plavix, Warfarin, Xarelto, Effient, Pradaxa, Eliquis) for one week (5-7 days) prior to procedure.

You will need clearance from your Cardiologist prior to stopping these medications. Stop: vitamin E., Iron and Ginkgo 1 week prior.

Please advise your physician prior to your appointment if you have any problems with your heart valve or if you have a heart murmur.

Do Not Eat

food containing seeds for **five days prior** to your procedure which includes but not limited to sesame, poppy seeds, strawberries, pepper, etc.

The Day Before Your Procedure

DRINK ONLY CLEAR LIQUIDS FOR BREAKFAST, LUNCH AND DINNER – NOTHING RED OR PINK IN COLOR

- Clear liquids include: JELLO, APPLE JUICE (NO PULP), TEA/COFFEE (NO MILK OR NON-DAIRY CREAMER), CLEAR BROTH (VEGETABLE, BEEF, CHICKEN), SODA (GINGER ALE, SPRITE, 7UP), WATER, LEMONADE (NO PULP), GATORADE (G2 LOW SUGAR) AND POPSICLES. **SOLID FOODS, MILK, AND MILK PRODUCTS NOT ALLOWED**

- NO EATING OR DRINKING THE MORNING OF YOUR PROCEDURE

Directions For Taking MOVIPREP The Day Before Your Procedure:

1. Empty 1 pouch "A" and 1 pouch "B" into the disposable Moviprep container. Add clear liquid (any listed above) to the top of the container, mix to dissolve powder and refrigerate.
2. **AT 3PM**, drink 8 oz. of Moviprep every 15 minutes until the container is empty. Also, drink an additional 2 8 oz. glasses of clear liquid. **** now mix 2nd dose of Moviprep and refrigerate.****
3. **Beginning at 11PM**, drink 8 oz. of Moviprep every 15 minutes until the container is empty. Also, drink an additional 16 oz. of clear liquid. ****THIS STEP IS VERY IMPORTANT ****

Appointment Date: ___ / ___ / ___

Time: _____ AM / PM

Arrival Time: _____

Location: _____