

GastroCare LI

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CLENPIQ™

(sodium picosulfate, magnesium oxide,
and anhydrous citric acid) Oral Solution
10 mg/3.5 g/12 g per 160 mL bottle

Starts with the Prep

Deposit for procedure:\$_____

Appointment Date:___/___/___ Time:_____AM/PM Arrival Time:_____ Location:_____

NOTE: Before beginning the following steps, **have your prescription for CLENPIQ filled at the pharmacy.**

******Please advise your physician prior to your appointment if you have any problems with your heart valve or if you have a heart murmur.*****

You cannot drive the day of the procedure

5 days before procedure: DO NOT TAKE Aspirin or aspirin type products: Coumadin (Warfarin), Advil, Aleve, Motrin, Ecotrin, Plavix (Clopidogrel bisulfate), Xarelto (rivaroxaban), Effient (Prasugrel), Pradaxa (dabigatran), Eliquis (apixaban). **You will need clearance from your Cardiologist prior to stopping these medications.**

DO NOT EAT food containing seeds for **five days prior** to your procedure which included but not limited to sesame, poppy seeds, strawberries, pepper, etc.

*******Any medication for diabetes should be brought along with you the day of the procedure to be taken after the procedure is completed- Check with your physician about possibly adjusting you dosage prior to procedure*******

THE DAY BEFORE YOUR PROCEDURE:

DRINK ONLY CLEAR LIQUIDS FOR BREAKFAST, LUNCH AND DINNER- NOTHING RED OR PINK IN COLOR

- Clear liquids include- JELLO, APPLE JUICE (NO PULP), TEA/COFFEE (NO MILK OR NON DIARY CREAMER), CLEAR BROTH(VEGATABLE, BEEF, CHICKEN), SODA (GINGER ALE, SPRITE, 7UP), WATER LEMONADE(NO PULP), GATORADE (G2 LOW SUGAR) AND POPSICLES. ****SOLID FOODS, MILK, AND MILK PRODUCTS NOT ALLOWED****

DIRECTIONS FOR TAKING CLENPIQ THE DAY BEFORE YOUR PROCEDURE:

1. At _____pm Drink one bottle of CLENPIQ. Follow with (5) 8oz cups of clear liquid.
2. At _____pm Drink one bottle of CLENPIQ. Follow with (3) 8oz cups of clear liquid.

Day of Procedure: You will receive intravenous sedation and this will impair your driving ability. You must make arrangements for someone to take you home after the procedure. **You cannot drive the day of the procedure.**

****Prescribed medication to be taken the morning of the procedure:** Any medication for heart disease (not listed above), for high blood pressure and asthma with a **small sip of water.**

- **NO EATING OR DRINKING THE MORNING OF YOUR PROCEDURE**