

  
**NEW PLENVU®**  
Powder for Oral Solution  
PEG 3350, Sodium Ascorbate, Sodium Sulfate, Ascorbic Acid, Sodium Chloride, and Potassium Chloride  
140g | 48.1g | 9g | 754g | 5.2g | 2.2g

### **GastroCare LI**

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**DEPOSIT DAY OF PROCEDURE:\$\_\_\_\_\_**

**Appointment Date:\_\_\_/\_\_\_/\_\_\_ Time:\_\_\_\_\_AM/PM Arrival Time:\_\_\_\_\_ Location:\_\_\_\_\_**

**NOTE:** Before beginning the following steps, **have your prescription for PLENVU filled at the pharmacy.**

**\*\*\*\*Please advise your physician prior to your appointment if you have any problems with your heart valve or if you have a heart murmur.\*\*\***

### **You cannot drive the day of the procedure**

**5 days before procedure: DO NOT TAKE** Aspirin or aspirin type products: Coumadin (Warfarin), Advil, Aleve, Motrin, Ecotrin, Plavix (Clopidogrel bisulfate), Xarelto (rivaroxaban), Effient (Prasugrel), Pradaxa (dabigatran), Eliquis (apixaban). **You will need clearance from your Cardiologist prior to stopping these medications.**

**DO NOT EAT** food containing seeds for **five days prior** to your procedure which included but not limited to sesame, poppy seeds, strawberries, pepper, etc.

**\*\*\*\*\*Any medication for diabetes should be brought along with you the day of the procedure to be taken after the procedure is completed- Check with your physician about possibly adjusting you dosage prior to procedure\*\*\*\***

### **THE DAY BEFORE YOUR PROCEDURE:**

**DRINK ONLY CLEAR LIQUIDS FOR BREAKFAST, LUNCH AND DINNER-** NOTHING RED OR PINK IN COLOR

- Clear liquids include- JELLO, APPLE JUICE (NO PULP), TEA/COFFEE (NO MILK OR NON DIARY CREAMER), CLEAR BROTH(VEGATABLE, BEEF, CHICKEN), SODA (GINGER ALE, SPRITE, 7UP), WATER LEMONADE(NO PULP), GATORADE (G2 LOW SUGAR) AND POPSICLES. **\*\*SOLID FOODS, MILK, AND MILK PRODUCTS NOT ALLOWED\*\***
- **NO EATING OR DRINKING THE MORNING OF YOUR PROCEDURE**

### **DIRECTIONS FOR TAKING PLENVU THE DAY BEFORE YOUR PROCEDURE:**

**At \_\_\_\_\_AM/PM:**

1. Mix Dose 1 (1 pouch) with 16oz of water until completely dissolved, approximately 2 to 3 minutes. Slowly drink liquid. This should take no longer than 30 minutes.
2. Refill the container with any clear liquid and drink slowly. This should take no longer than 30 minutes.

**At \_\_\_\_\_AM/PM:**

1. Mix Dose 2 (2 pouches) with 16oz of water until completely dissolved, approximately 2 to 3 minutes. Slowly drink liquid. This should take no longer than 30 minutes.
2. Refill the container with any clear liquid and drink slowly. This should take no longer than 30 minutes.